

## Lesson 3.1

## Mitosis

**mitosis:** the process of cell division

**DNA:** long, complex molecules that contain the genetic information needed to construct new cells

**chromatin:** substance containing DNA chromosomes and proteins

**centrosome:** small area in a cell next to the nucleus; it controls the fibers, called *microtubules*, that play an important role in mitosis

**chromosomes:** long, thin structures that contain molecules of DNA and proteins

**centromere:** the point on the chromosomes where pairs are joined together, as well as where the pair attach to a fiber during metaphase

**nuclear membrane:** the membrane that encloses the contents of the nucleus and keeps them separate from the rest of the cell

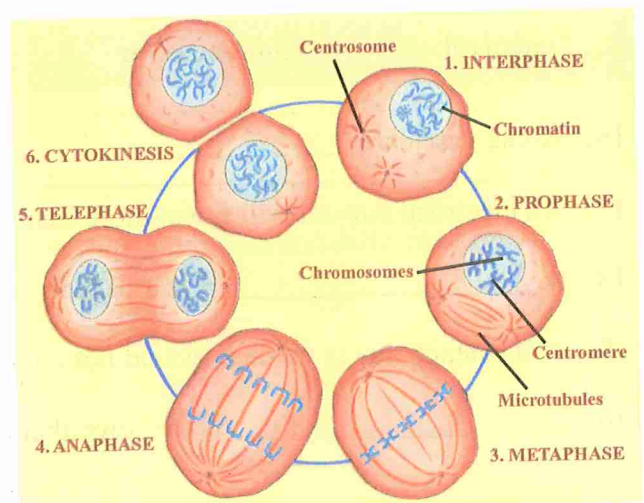
**cell membrane:** the structure that surrounds and contains the contents of a cell

Chromosome pairs are shaped like Xs, with one chromosome on each side and the centromere at the center.

### How does a cell make an exact copy of itself?

With a few exceptions, the cells of your body make duplicates of themselves at regular intervals through a process called **mitosis**, or cell division. Whether the cells play a role in muscle contraction, bone structure, kidney function, or any of the thousands of other jobs a cell might do depends on the **DNA** that was passed along during cell division. Here are the steps involved in mitosis.

- **Interphase:** A cell spends 90 percent of its life doing specific tasks as a muscle cell or kidney cell, for example. During interphase, the nucleus contains packed DNA, proteins called **chromatin**, and one **centrosome** outside the nucleus. As the cells gets ready for mitosis, it makes a copy of its DNA inside the nucleus. Outside the nucleus, proteins are being assembled to create a copy of the cell's centrosome.
- **Prophase:** The loose bundles of chromatin begin condensing to reveal identical pairs of **chromosomes**. Each X-shaped pair is connected at a single point called a **centromere**. Outside the nucleus, thin fibers connecting the two centrosomes begin growing and push them away from each other. Toward the end of the prophase, the **nuclear membrane** breaks apart, and the chromosomes drift to the center of the cell.
- **Metaphase:** The centrosomes are now pushed to opposite sides of the cell, and the fibers stretch between them across the entire cell. The nuclear membrane has dissolved, and the chromosome pairs have attached themselves to the fiber.
- **Anaphase:** Each chromosome pair breaks apart, and the two complete sets move along the fibers toward opposite sides of the cell. The fibers that aren't involved with transporting chromosomes continue to lengthen and push the centrosomes farther apart. This action begins stretching the **cell membrane**.
- **Telophase:** Two new nuclear membranes form around the chromosomes in each side of the cell, and the fibers continue elongating the cell.
- **Cytokinesis:** Now that the cell has two nuclei, each one containing a complete set of DNA, the elongated cell membrane pinches together in the middle. The two sides break apart, and cell division is complete.



Use the words in the box to complete the sentences below.

nuclear	cell	centrosomes	cytokinesis	chromosomes
mitosis	DNA	interphase	centromere	chromatin

1. A \_\_\_\_\_ is the area of a chromosome pair that attaches to a fiber stretching across the cell during cell division.
2. Most of a cell's life is spent in \_\_\_\_\_, carrying out its specific tasks.
3. After the chromosome pairs have broken apart and been transported to opposite sides of the cell, two new \_\_\_\_\_ membranes form.
4. The final stage of cell division occurs during a phase called \_\_\_\_\_.
5. The fibers that grow across a cell and push it apart stretch between a pair of \_\_\_\_\_.
6. In the metaphase of \_\_\_\_\_, the nuclear membrane has completely dissolved.
7. During the prophase, bundles of \_\_\_\_\_ condense to reveal pairs of chromosomes.
8. \_\_\_\_\_ are long, complex molecules that contain genetic information.
9. After a cell has divided, the two new cells each contain an identical set of \_\_\_\_\_.
10. Centrosomes are found outside of the nucleus, but inside the \_\_\_\_\_ membrane.

Write your answer on the lines below.

11. The fibers that grow between the centrosomes are called *microtubules*. They have two important roles in mitosis. What are they?

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### Unifying Concepts and Properties

Healthy cells are genetically programmed to live, reproduce, and die at a steady rate. Cancer cells reproduce at a greatly increased rate, or they live longer than they're supposed to. The result is a mass of cells, called a *tumor*, which can interfere with the body's normal, healthy functions. Which part of a cell's structure do you think would most likely be abnormal in order for the cell to be cancerous? Why?

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